## HOUSE OF EXPORTS & IMPORTS







WHERE HONESTY AND TRUST IS A TRADITION



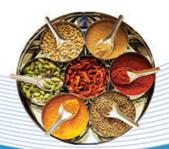


# Founder & CEO Ar. Javed Yunus Kachchhi B.E. CIVIL, A.I.I.A.

Marketing Manager
Er. Gauhar Kachchhi
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India is the largest producer of agricultural products, spices, rice, pulses, Jaggery, sugar, turmeric and chilly. And the quality of these products is approved worldwide. Therefore India is the major exporter of most of the food products to the world.

We at **ARUBE** are dedicated to contribute in the export of these products worldwide. We are committed to supply premium quality products to our customers. We strive hard for a long lasting relationship with our valued customers. Customer's satisfaction is our Moto that's why we select, check and get done the required testing of every product we export. We also take utmost care for packing and stuffing so that our customer gets the best possible products in excellent condition.



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#### **CHIA SEEDS**

IT HAS BEEN CLASSIFIED AS SUPER FOOD. CHIA SEEDS ARE AMONG HELTHIEST FOODS AS THEY ARE LOADED WITH NUTRIENTS THOSE ARE BENEFICIAL TO BRAIN.



### **FLAXSEEDS**

FLAXSEEDS COMES
UNDER SUPER FOODS
CATOGORY. IT CONTAINS
OMEGA 3 FATTY ACIDS,
LIGNANS & FIBERS
SHOWN TO IMPROVE
HEART HEALTH



#### **BLACK PEPPER**

IT IS ALSO KNOWN AS PEPPER CORN AND IS USED AS SEOSONING AND SPICE. GROUND DRIED PEPPER IS USED FOR FLAVOUR & MEDICENE



### **CLOVES**

CLOVES ARE AROMATIC &
ARE USED AS SPICE. THEY
ARE USED TO FLAVOUR
CURRIES & MARINADES.
THEY ADD AROMA & ALSO
A USEFUL IN DENTAL
MEDICINES



## BLACK CARDAMOM

BLACK CARDAMOM OR BIG CADAMOMIS USED AS IN COOKING FOR FLAVOURING & AS SPICE. IT HAS A UNIQUE TASTE & AROMA.



### **CARDAMOM**

GREEN CARDAMOM IS HIGHLY FRAGRANT, AROMATIC SPICE USED IN COOKING. IT IS USED IN BAKING, DESSERTS, & IN TEA COFFEE



### MUSTARD SEEDS

MUSTARD SEEDS ARE EXTENSIVELY USED IN COOKING. IT CONTAINS ANTI OXIDANTS AND HAS ANTI INFLAMATORY PROPERTIES. THEY ARE WIDELY USED IN MAKING PICKLES.



### FENUGREEK SEEDS

FENUGREEK SEEDS IS A
HERB AND USED
EXTENSIVELY IN INDIAN
COOKING. IT HAVE GREAT
HEALTH BENEFITS AS
THEY CONTAIN FIBRE,
MINERALS, IRON AND
MAGNESIUM









## **JAGGERY**

JAGGERY OR GUR IS A
PRODUCT OF CANE JUICE.
IT IS MORE HELTHIER
THAN SUGAR AS IT HAS
MORE VITAMINS AND
MIERALS



## TURMERIC POWDER

IT IS USED AS A COLOURING AND FLAVOURING AGENT IN MANY CUISINES, ESPECIALLY CURRIES, PICKLES ETC. TURMERIC HAS GREAT MEDICINAL PROPERTIES ALSO.



## CUMIN SEEDS & POWDER

CUMIN SEEDS ARE USED TO FLAVOUR MEALS. IT IS THE MAIN INGREDIENT IN SPICE BLENDS SUCH CURRY POWDER. IT IS THE MAIN INGREDIENT FOR TEMPERING (TADKA)



## CORIANDER SEEDS & POWDER

IT IS USED IN CUISINES WORLDWIDE AS A SPICE & FLAVOURING AGENT. IT ENHANCES THE FLAVOUR OF THE FOODS AND CURRIES.



## CINNAMON STICKS & POWDER

IT IS A SPICE WHICH IS USED MAINLY AS AN AROMATIC CONDIMENT & FLAVOURING ADDITIVE IN A WIDE VARIETY OF CUISINES AND DESSERTS



### **STAR ANISE**

IT IS AN AROMATIC SPICE & IT ADDS A DISTINCT FLAVOUR TO THE FOOD. IT HAS ANTI OXIDANTS & ANTI INFLAMATORY PROPERTIES.



## RED CHILLI POWDER

RED CHILLI POWDER IS USED A SPICE TO ADD PUNGENCY AND FLAVOUR TO CULINARY DISHES. IT'S THE MAIN INGREDIENT IN INDIAN COOKING.



## DRY RED CHILLI

RED CHILLI POWDER IS USED A SPICE TO ADD PUNGENCY AND FLAVOUR TO CULINARY DISHES. IT'S THE MAIN INGREDIENT IN INDIAN COOKING.









## MASUR DAAL (RED LENTILS)

INDIA IS ONE OF THE LARGEST PRODUCERS OF PULSES OR LENTILS KNOWN AS DALS IN INDIA. THEY ARE HIGH SOURCE OF PROTEIN FIBRE CARBS & MINERALS.



## MUNG DAAL (YELLOW LENTILS)

INDIA IS ONE OF THE LARGEST PRODUCERS OF PULSES OR LENTILS KNOWN AS DALS IN INDIA. THEY ARE HIGH SOURCE OF PROTEIN FIBRE CARBS & MINERALS.



## TOOR DAAL (PIGEON PEAS)

INDIA IS ONE OF THE LARGEST PRODUCERS OF PULSES OR LENTILS KNOWN AS DALS IN INDIA. THEY ARE HIGH SOURCE OF PROTEIN FIBRE CARBS & MINERALS.



## URAD DAAL

(SPLIT BLACK GRAM)

INDIA IS ONE OF THE LARGEST PRODUCERS OF PULSES OR LENTILS KNOWN AS DALS IN INDIA. THEY ARE HIGH SOURCE OF PROTEIN FIBRE CARBS & MINERALS.



### CHANA DAAL (SPLIT BENGAL GRAM)

INDIA IS ONE OF THE LARGEST PRODUCERS OF PULSES OR LENTILS KNOWN AS DALS IN INDIA. THEY ARE HIGH SOURCE OF PROTEIN FIBRE CARBS & MINERALS.



### CHICK PEAS KABULI CHANA

INDIA IS A MAJOR PRODUCER
OF QUALITY CHICKPEAS. THEY
RICH SOURCE OF PROTEIN,
VITAMINS, MINERALS & ARE
USED IN COOKING, SNACKS
SALADS, SOUPS & IN MAKING
HUMMUS AND FALAFEL.



## GROUNDNUTS PEANUTS

INDIA IS A MAJOR PRODUCER
OF QUALITY PEANUTS. THEY
ARE FULL OF PROTEIN,
VITAMINS, MINERALS & ARE
USED IN COOKING, SNACKS
& MAKING EDIBLE OIL,
COSMETICS & IN LEATHER
INDUSTRY..



## **SUGAR**

INDIA IS ONE OF THE LARGEST PRODUCERS OF SUGAR. IT HAS BEEN PRODUCED IN INDIA SINCE ANCIENT TIMES SUGAR IS MAINLY USED AS A SWEETNER.



## KOLHAPURI JAGGERY

JAGGERY OR GUR IS A
PRODUCT OF CANE JUICE.
IT IS MORE HELTHIER
THAN SUGAR AS IT HAS
MORE VITAMINS AND
MIERALS



## ALPHONSO MANGO PULP

ARUBE'S ALPHONSO MANGO PULP IS DERIVED FROM RIPE AND FRESH RATNAGIRI MANGOES. IT IS 100% NATURAL AND IN ITS PUREST FORM



## ALPHONSO MANGOES

IT IS CALLED KING OF MANGOES. RATNAGIRI AND DEVGAD MANGOES ARE WORLD FAMOUS BECAUSE OF IT'S AMAZING TASTE AND FLAVOUR



## **RED ONION**

IT IS RICH IN ANTIOXIDANTS SUPPORTS HEART HEALTH, BONE HEALTH, GUT HEALTH AND IT IS ANTIBACTERIAL. IT IS USED IN COOKING AS WELL AS SALAD



## **POMEGRANATE**

IT HAS ANTIOXIDANTS, VITAMIN C, PREVENTS CANCER, PROTECTS FROM ALZHEIMER'S DISEASE AND AID IN DIGESTION



## **GRAPES**

IT HELPS TO BOOST IMMUNE SYSTEM. PREVENTS CANCER, LOWERS BLOOD PRESSURE REDUCES HIGH CHOLESTROL PROTECTS AGAINST HEART DISEASE AND CANCER.



## SOYABEAN SEEDS

IT IS LOW IN CHOLESTROL AND SATURATED FATS. IT PREVENTS CANCER, REDUCE THE RISK OF HEART DISEASE, AND AIDS IN THYROID FUNCTION



## SESAME SEEDS

THEY PROTECT AGAINST
HEART DISEAS, DIABETES
ARE GOOD SOURCE OF
FIBER, LOWERS CHOLESTROL
AND TRIGLYCERIDES, HELP
LOWER BLOOD PRESSURE



## DRY GINGER POWDER

IT HAS STRONG AROMA & PUNGENT FLAVOUR. IT IS USED IN COOKING FLAVOURING TEA & ALSO HAS MEDICINAL PROPERTIES



### **QUINOA**

QUINOA IS A SUPER FOOD A COMPLETE PROTEIN AMONG THE PLANT BASED FOODS. IT CONTAINS A BALANCED SET OF ESSENTIAL AMINO ACIDS NEEDED FOR HUMAN HEALTH



### **BASMATI RICE**

RICE IS CEREAL GRAIN AND IS CONSUMED AS A STAPLE FOOD IN A LARGE PARTS OF THE WORLD RICE IS AN EXCELLENT FOOD SAUCE FULL OF VITAMINS AND MINERALS.



## NON BASMATI

RICE IS CEREAL GRAIN AND IS CONSUMED AS A STAPLE FOOD IN A LARGE PARTS OF THE WORLD RICE IS AN EXCELLENT FOOD SAUCE FULL OF VITAMINS AND MINERALS.



### **RAISINS**

RAISIN ARE DRIED GRAPES IT MAY BE EATEN RAW & ALSO USED IN COOKING, BAKING, BREWING ETC. THEY ARE ADDED IN DESERTS TOO.



## KARACHI BAKERY PRODUCTS

KARACHI BAKERY FROM HYDERABAD (INDIA) IS FAMOUS FOR IT'S FRUIT BISCUITS & OTHER EXCLUSIVE PRODUCTS ALL OVER INDIA.















